

**SERIES ADJUSTMENTS - 2005-210**  
**ONN INFORMATION CIRCULAR # 1282**  
**December 27, 2005**

**Whole Foods Market, Inc. (WFMI)**  
**2 For 1 Stock Split**  
**Ex-Distribution Date: 12/28/2005**

Whole Foods Market, Inc. (FMQ/WFMI) has declared a 2 For 1 stock split payable to shareholders of record on December 12, 2005. Distribution date for the stock split will be Tuesday, December 27, 2005. Ex-distribution date for the stock split will be Wednesday, December 28, 2005.

**Contract Adjustments**

Pursuant to the by-laws of The Options Clearing Corporation ("OCC"), all Whole Foods Market, Inc. options will be adjusted as follows:

**Adjustment Date:** Effective with exercises of Wednesday, December 28, 2005 and thereafter  
**ISE Underlying Symbol(s):** Unchanged - WFMI  
**OPRA Option Symbol(s):** Unchanged - (FMQ/FQJ/OAW/YDU)  
**No. of Contracts:** 2  
**Strike Prices:** Reduced by dividing existing strikes by 2 and rounding to the nearest eighth  
**Multiplier:** 100 (e.g., Premium of 1.00 = \$100)  
**New Deliverable/Contract:** Unchanged - 100 Shares of Whole Foods Market, Inc.

**GTC Order Cancellation:**

On Tuesday, December 27, 2005, immediately after the ISE close, all resting orders in the WFMI order book will be cancelled.

**Position and Exercise Limits:**

The ISE Surveillance Department has determined that position and exercise limits following this stock split will be 50,000,000 Shares through the January 19, 2008 expiration date at which time it will revert to its standard limit of 25,000,000 Shares.

**Adjusted Exercise Prices:**

Effective with the opening of business, on Wednesday, December 28, 2005, trading in WFMI series will be on an adjusted basis. The strike price adjustments below are expected based on the current outstanding series. Any additional WFMI series added prior to the split date will also be adjusted in the manner outlined below.

Whole Foods Market, Inc. (WFMI/FMQ/FQJ)  
 (Before 12/28/2005)  
 (1 Contract)

Whole Foods Market, Inc. (WFMI/FMQ/FQJ)  
 (Beginning 12/28/2005)  
 (2 Contracts)

<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>	<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>
WFMI6JAN70.0C/P	FMQ	JAN	70	AN/MN	WFMI6JAN35.0CX/PX	FMQ	JAN	35	AG/MG
WFMI6JAN75.0C/P	FMQ	JAN	75	AO/MO	WFMI6JAN37.5CX/PX	FMQ	JAN	37 1/2	AA/MA
WFMI6JAN80.0C/P	FMQ	JAN	80	AP/MP	WFMI6JAN40.0CX/PX	FMQ	JAN	40	AH/MH
WFMI6JAN85.0C/P	FMQ	JAN	85	AQ/MQ	WFMI6JAN42.5CX/PX	FMQ	JAN	42 1/2	AB/MB
WFMI6JAN90.0C/P	FMQ	JAN	90	AR/MR	WFMI6JAN45.0CX/PX	FMQ	JAN	45	AI/MI
WFMI6JAN95.0C/P	FMQ	JAN	95	AS/MS	WFMI6JAN47.5CX/PX	FMQ	JAN	47 1/2	AC/MC
WFMI6JAN100.0C/P	FMQ	JAN	100	AT/MT	WFMI6JAN50.0CX/PX	FMQ	JAN	50	AJ/MJ

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<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>	<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>
WFMI6JAN110.0C/P	FMQ	JAN	110	AB/MB	WFMI6JAN55.0CX/PX	FMQ	JAN	55	AK/MK
WFMI6JAN115.0C/P	FMQ	JAN	115	AC/MC	WFMI6JAN57.5CX/PX	FMQ	JAN	57 1/2	AY/MY
WFMI6JAN120.0C/P	FMQ	JAN	120	AD/MD	WFMI6JAN60.0CX/PX	FMQ	JAN	60	AL/ML
WFMI6JAN125.0C/P	FMQ	JAN	125	AE/ME	WFMI6JAN62.5CX/PX	FMQ	JAN	62 1/2	AZ/MZ
WFMI6JAN130.0C/P	FMQ	JAN	130	AF/MF	WFMI6JAN65.0CX/PX	FMQ	JAN	65	AM/MM
WFMI6JAN135.0C/P	FMQ	JAN	135	AG/MG	WFMI6JAN67.5CX/PX	FMQ	JAN	67 1/2	AN/MU
WFMI6JAN140.0C/P	FMQ	JAN	140	AH/MH	WFMI6JAN70.0CX/PX	FMQ	JAN	70	AN/MN
WFMI6JAN145.0C/P	FMQ	JAN	145	AI/MI	WFMI6JAN72.5CX/PX	FMQ	JAN	72 1/2	AV/MV
WFMI6JAN150.0C/P	FMQ	JAN	150	AJ/MJ	WFMI6JAN75.0CX/PX	FMQ	JAN	75	AO/MO
WFMI6JAN155.0C/P	FMQ	JAN	155	AK/MK	WFMI6JAN77.5CX/PX	FMQ	JAN	77 1/2	AW/MW
WFMI6JAN160.0C/P	FMQ	JAN	160	AL/ML	WFMI6JAN80.0CX/PX	FMQ	JAN	80	AP/MP
WFMI6JAN165.0C/P	FMQ	JAN	165	AM/MM	WFMI6JAN82.5CX/PX	FMQ	JAN	82 1/2	AX/MX
WFMI6JAN170.0C/P	FQJ	JAN	170	AN/MN	WFMI6JAN85.0CX/PX	FQJ	JAN	85	AQ/MQ
WFMI6JAN175.0C/P	FQJ	JAN	175	AO/MO	WFMI6JAN87.5CX/PX	FQJ	JAN	87 1/2	AY/MY
WFMI6JAN180.0C/P	FQJ	JAN	180	AP/MP	WFMI6JAN90.0CX/PX	FQJ	JAN	90	AR/MR
WFMI6JAN185.0C/P	FQJ	JAN	185	AQ/MQ	WFMI6JAN92.5CX/PX	FQJ	JAN	92 1/2	AZ/MZ
WFMI6JAN190.0C/P	FQJ	JAN	190	AR/MR	WFMI6JAN95.0CX/PX	FQJ	JAN	95	AS/MS
WFMI6JAN195.0C/P	FQJ	JAN	195	AS/MS	WFMI6JAN97.5CX/PX	FQJ	JAN	97 1/2	AU/MU
WFMI6JAN200.0C/P	FQJ	JAN	200	AT/MT	WFMI6JAN100.0CX/PX	FQJ	JAN	100	AT/MT
WFMI6FEB110.0C/P	FMQ	FEB	110	BB/NB	WFMI6FEB55.0CX/PX	FMQ	FEB	55	BK/NK
WFMI6FEB115.0C/P	FMQ	FEB	115	BC/NC	WFMI6FEB57.5CX/PX	FMQ	FEB	57 1/2	BY/NY
WFMI6FEB120.0C/P	FMQ	FEB	120	BD/ND	WFMI6FEB60.0CX/PX	FMQ	FEB	60	BL/NL
WFMI6FEB125.0C/P	FMQ	FEB	125	BE/NE	WFMI6FEB62.5CX/PX	FMQ	FEB	62 1/2	BZ/NZ
WFMI6FEB130.0C/P	FMQ	FEB	130	BF/NF	WFMI6FEB65.0CX/PX	FMQ	FEB	65	BM/NM
WFMI6FEB135.0C/P	FMQ	FEB	135	BG/NG	WFMI6FEB67.5CX/PX	FMQ	FEB	67 1/2	BU/NU
WFMI6FEB140.0C/P	FMQ	FEB	140	BH/NH	WFMI6FEB70.0CX/PX	FMQ	FEB	70	BN/NN
WFMI6FEB145.0C/P	FMQ	FEB	145	BI/NI	WFMI6FEB72.5CX/PX	FMQ	FEB	72 1/2	BV/NV
WFMI6FEB150.0C/P	FMQ	FEB	150	BJ/NJ	WFMI6FEB75.0CX/PX	FMQ	FEB	75	BO/NO
WFMI6FEB155.0C/P	FMQ	FEB	155	BK/NK	WFMI6FEB77.5CX/PX	FMQ	FEB	77 1/2	BW/NW
WFMI6FEB160.0C/P	FMQ	FEB	160	BL/NL	WFMI6FEB80.0CX/PX	FMQ	FEB	80	BP/NP
WFMI6FEB165.0C/P	FMQ	FEB	165	BM/NM	WFMI6FEB82.5CX/PX	FMQ	FEB	82 1/2	BX/NX
WFMI6FEB170.0C/P	FQJ	FEB	170	BN/NN	WFMI6FEB85.0CX/PX	FQJ	FEB	85	BQ/NQ
WFMI6FEB175.0C/P	FQJ	FEB	175	BO/NO	WFMI6FEB87.5CX/PX	FQJ	FEB	87 1/2	BY/NY
WFMI6FEB180.0C/P	FQJ	FEB	180	BP/NP	WFMI6FEB90.0CX/PX	FQJ	FEB	90	BR/NR
WFMI6FEB185.0C/P	FQJ	FEB	185	BQ/NQ	WFMI6FEB92.5CX/PX	FQJ	FEB	92 1/2	BZ/NZ
WFMI6FEB190.0C/P	FQJ	FEB	190	BR/NR	WFMI6FEB95.0CX/PX	FQJ	FEB	95	BS/NS
WFMI6FEB195.0C/P	FQJ	FEB	195	BS/NS	WFMI6FEB97.5CX/PX	FQJ	FEB	97 1/2	BU/NU
WFMI6FEB200.0C/P	FQJ	FEB	200	BT/NT	WFMI6FEB100.0CX/PX	FQJ	FEB	100	BT/NT
WFMI6MAY120.0C/P	FMQ	MAY	120	ED/QD	WFMI6MAY60.0CX/PX	FMQ	MAY	60	EL/QL
WFMI6MAY130.0C/P	FMQ	MAY	130	EF/QF	WFMI6MAY65.0CX/PX	FMQ	MAY	65	EM/QM
WFMI6MAY135.0C/P	FMQ	MAY	135	EG/QG	WFMI6MAY67.5CX/PX	FMQ	MAY	67 1/2	EU/QU
WFMI6MAY140.0C/P	FMQ	MAY	140	EH/QH	WFMI6MAY70.0CX/PX	FMQ	MAY	70	EN/QN
WFMI6MAY145.0C/P	FMQ	MAY	145	EI/QI	WFMI6MAY72.5CX/PX	FMQ	MAY	72 1/2	EV/QV
WFMI6MAY150.0C/P	FMQ	MAY	150	EJ/QJ	WFMI6MAY75.0CX/PX	FMQ	MAY	75	EO/QO
WFMI6MAY155.0C/P	FMQ	MAY	155	EK/QK	WFMI6MAY77.5CX/PX	FMQ	MAY	77 1/2	EW/QW
WFMI6MAY160.0C/P	FMQ	MAY	160	EL/QL	WFMI6MAY80.0CX/PX	FMQ	MAY	80	EP/QP
WFMI6MAY165.0C/P	FMQ	MAY	165	EM/QM	WFMI6MAY82.5CX/PX	FMQ	MAY	82 1/2	EX/QX
WFMI6MAY170.0C/P	FQJ	MAY	170	EN/QN	WFMI6MAY85.0CX/PX	FQJ	MAY	85	EQ/QQ
WFMI6MAY175.0C/P	FQJ	MAY	175	EO/QO	WFMI6MAY87.5CX/PX	FQJ	MAY	87 1/2	EY/QY
WFMI6MAY180.0C/P	FQJ	MAY	180	EP/QP	WFMI6MAY90.0CX/PX	FQJ	MAY	90	ER/QR
WFMI6MAY185.0C/P	FQJ	MAY	185	EQ/QQ	WFMI6MAY92.5CX/PX	FQJ	MAY	92 1/2	EZ/QZ
WFMI6MAY190.0C/P	FQJ	MAY	190	ER/QR	WFMI6MAY95.0CX/PX	FQJ	MAY	95	ES/QS
WFMI6MAY195.0C/P	FQJ	MAY	195	ES/QS	WFMI6MAY97.5CX/PX	FQJ	MAY	97 1/2	EU/QU
WFMI6MAY200.0C/P	FQJ	MAY	200	ET/QT	WFMI6MAY100.0CX/PX	FQJ	MAY	100	ET/QT
WFMI6AUG140.0C/P	FMQ	AUG	140	HH/TH	WFMI6AUG70.0CX/PX	FMQ	AUG	70	HN/TN
WFMI6AUG145.0C/P	FMQ	AUG	145	HI/TI	WFMI6AUG72.5CX/PX	FMQ	AUG	72 1/2	HV/TV
WFMI6AUG150.0C/P	FMQ	AUG	150	HJ/TJ	WFMI6AUG75.0CX/PX	FMQ	AUG	75	HO/TO
WFMI6AUG155.0C/P	FMQ	AUG	155	HK/TK	WFMI6AUG77.5CX/PX	FMQ	AUG	77 1/2	HW/TW
WFMI6AUG160.0C/P	FMQ	AUG	160	HL/TL	WFMI6AUG80.0CX/PX	FMQ	AUG	80	HP/TP
WFMI6AUG165.0C/P	FMQ	AUG	165	HM/TM	WFMI6AUG82.5CX/PX	FMQ	AUG	82 1/2	HX/TX

Whole Foods Market, Inc. - 2007 Leap (WFMI/OAW)  
 (Before 12/28/2005)  
 (1 Contract)

<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>
WFMI7JAN70.0C/P	OAW	JAN	70	AN/MN
WFMI7JAN75.0C/P	OAW	JAN	75	AO/MO
WFMI7JAN80.0C/P	OAW	JAN	80	AP/MP
WFMI7JAN90.0C/P	OAW	JAN	90	AR/MR
WFMI7JAN100.0C/P	OAW	JAN	100	AT/MT
WFMI7JAN110.0C/P	OAW	JAN	110	AB/MB
WFMI7JAN120.0C/P	OAW	JAN	120	AD/MD
WFMI7JAN130.0C/P	OAW	JAN	130	AF/MF
WFMI7JAN140.0C/P	OAW	JAN	140	AH/MH
WFMI7JAN150.0C/P	OAW	JAN	150	AJ/MJ
WFMI7JAN160.0C/P	OAW	JAN	160	AL/ML

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 (Beginning 12/28/2005)  
 (2 Contracts)

<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>
WFMI7JAN35.0CX/PX	OAW	JAN	35	AG/MG
WFMI7JAN37.5CX/PX	OAW	JAN	37 1/2	AA/MA
WFMI7JAN40.0CX/PX	OAW	JAN	40	AH/MH
WFMI7JAN45.0CX/PX	OAW	JAN	45	AI/MI
WFMI7JAN50.0CX/PX	OAW	JAN	50	AJ/MJ
WFMI7JAN55.0CX/PX	OAW	JAN	55	AK/MK
WFMI7JAN60.0CX/PX	OAW	JAN	60	AL/ML
WFMI7JAN65.0CX/PX	OAW	JAN	65	AM/MM
WFMI7JAN70.0CX/PX	OAW	JAN	70	AN/MN
WFMI7JAN75.0CX/PX	OAW	JAN	75	AO/MO
WFMI7JAN80.0CX/PX	OAW	JAN	80	AP/MP

Whole Foods Market, Inc. - 2008 Leap (WFMI/YDU)  
 (Before 12/28/2005)  
 (1 Contract)

<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>
WFMI8JAN85.0C/P	YDU	JAN	85	AQ/MQ
WFMI8JAN90.0C/P	YDU	JAN	90	AR/MR
WFMI8JAN95.0C/P	YDU	JAN	95	AS/MS
WFMI8JAN100.0C/P	YDU	JAN	100	AT/MT
WFMI8JAN105.0C/P	YDU	JAN	105	AA/MA
WFMI8JAN110.0C/P	YDU	JAN	110	AB/MB
WFMI8JAN115.0C/P	YDU	JAN	115	AC/MC
WFMI8JAN120.0C/P	YDU	JAN	120	AD/MD
WFMI8JAN125.0C/P	YDU	JAN	125	AE/ME
WFMI8JAN130.0C/P	YDU	JAN	130	AF/MF
WFMI8JAN135.0C/P	YDU	JAN	135	AG/MG
WFMI8JAN140.0C/P	YDU	JAN	140	AH/MH
WFMI8JAN145.0C/P	YDU	JAN	145	AI/MI
WFMI8JAN150.0C/P	YDU	JAN	150	AJ/MJ
WFMI8JAN155.0C/P	YDU	JAN	155	AK/MK
WFMI8JAN160.0C/P	YDU	JAN	160	AL/ML

Whole Foods Market, Inc. - 2008 Leap (WFMI/YDU)  
 (Beginning 12/28/2005)  
 (2 Contracts)

<u>ISE Series</u>	<u>OPRA</u>	<u>Month</u>	<u>Strike</u>	<u>Calls/Puts</u>
WFMI8JAN42.5CX/PX	YDU	JAN	42 1/2	AB/MB
WFMI8JAN45.0CX/PX	YDU	JAN	45	AI/MI
WFMI8JAN47.5CX/PX	YDU	JAN	47 1/2	AC/MC
WFMI8JAN50.0CX/PX	YDU	JAN	50	AJ/MJ
WFMI8JAN52.5CX/PX	YDU	JAN	52 1/2	AD/MD
WFMI8JAN55.0CX/PX	YDU	JAN	55	AK/MK
WFMI8JAN57.5CX/PX	YDU	JAN	57 1/2	AY/MY
WFMI8JAN60.0CX/PX	YDU	JAN	60	AL/ML
WFMI8JAN62.5CX/PX	YDU	JAN	62 1/2	AZ/MZ
WFMI8JAN65.0CX/PX	YDU	JAN	65	AM/MM
WFMI8JAN67.5CX/PX	YDU	JAN	67 1/2	AU/MU
WFMI8JAN70.0CX/PX	YDU	JAN	70	AN/MN
WFMI8JAN72.5CX/PX	YDU	JAN	72 1/2	AV/MV
WFMI8JAN75.0CX/PX	YDU	JAN	75	AO/MO
WFMI8JAN77.5CX/PX	YDU	JAN	77 1/2	AW/MW
WFMI8JAN80.0CX/PX	YDU	JAN	80	AP/MP

Questions regarding this release may be directed to Iris Rodriguez at (212) 897-0264